



UPSC CAPF ROADMAP — 2027 —

SMART STRATEGY FOR
SURE SELECTION



EXAM
ORIENTED
STRATEGY



SUBJECT WISE
ROADMAP



STAGE WISE
PREPARATION



SMART NOTES
& RESOURCES



CONSISTENCY
& DISCIPLINE

HEMANT SIR

EX-CISF & FCI | EDUCATOR | MENTOR | EDITORIAL WRITER

A PROUD MILESTONE FOR HEMANTRA EDUTECH

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quint*

Home > Opinion > What Tiruvallur's Ammonia Gas Leak Says About India's Industrial Safety System.

What Tiruvallur's Ammonia Gas Leak Says About India's Industrial Safety System

Hundreds of workers are only a shift away from a mass casualty event. This is not a tragedy. It's a pattern.

HEMANT MAROTHIA

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OPINION



HEMANT SIR

Ex-CISF / Ex-FCI
PUBLISH EDITORIAL WRITER

“

The publication of Hemant Marothia's opinion article in The Quint marks a significant achievement for HeMantra Edutech. His **insightful analysis on the Tiruvallur Ammonia Gas Leak reflects a deep understanding of governance, public policy, and national issues.** This recognition reinforces HeMantra's commitment to developing analytical minds and future leaders who contribute meaningfully to society.



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Priyansh Jaital

Local Guide • 15 reviews • 37 photos



“ The best programme I had ever enrolled till date, the best part of this 10 day challenge is that you are being supposed to sit in the same time slot as the main paper is being conducted, and that too these things are free or at very low cost, and the quality of paper is too good similar to upsc level, I am being the civil services student, I know how much does coachings cost just for test series but the hemantra coaching I got recommended by my friend and this is the best coaching I found till date. ”



Manav Shweta

3 reviews



“ This 10 day challenge is very helpful for my exam preparation, every single day I have seen progress in my preparation, plus the efforts of hemant sir is really very appreciative, his hard work for students is something that can't be paid back . ”

I'm really thankful for this 10 day challenge

Thanku sir



Col. Chakor Jha

12 reviews • 2 photos



“ Jai hind HeMantra team. It's been a privilege to be the part of your wonderful course. Ayush sir has made our road to UPSC CAPF 2026 easy via his techniques of question solving. I would like to say thank you so much for being our mentor as you are very hardworking personality. Your course is very fruitful that i can give assurance to everyone before exam also. 😊👍🙏 ”



Anshul Verma

2 reviews



“ Great initiative by Hemant sir and team. This 10 days challenge was just what we needed before the exams. The tests were of UPSC level and the timely analysis and guidance helped a lot in improving. ”

Thank you for this amazing initiative. 🙏



Kusum 1351

1 review



“ 10 days challenge by Hemant sir is just amazing..... It's not only about tests and analysis.... But the positivity and right path he is directing to us during the most stressful time (the last 20 days).... My days became more productive after joining it.... Tests and analysis helps me to complete the paper on time.... Checking is also good....you'll get to know your constructive criticism.... Also sir is so polite, we never have to think twice before asking any doubts.... Thankyou sir for this wonderful challenge....it's really working for me 😊🙏 ”



Tushar Shah

1 review



“ it was good, atleast in my case. ”

was scoring about 90-100 marks in initial days, and the day 9 mock i recorded one of my highest marks 132.2.

thankyou team hemantra for the initiative.



Piyush Sehra

5 reviews • 7 photos



“ I've joined the free initiative of hemant sir i.e, 10 days challenge for CAPF 2026. Although i attended it for just 3 4 days, i got great benefit from that, i'm not sure as of now about how much i have scored in paper 1 but the aptitude that i developed in those 3 4 days of attempting both papers with exam like simulation was a great experience & helped me in completing my paper 2 in time. Thnx a lot sir, and also sir your current affair marathon is a great hit & i've just watched it for once & got many questions correct from that video itself without even referring to the pdf. Thanks a lot sir for ur efforts. ”

Before You Begin — The Ultimate Syllabus Roadmap

💡 ***“Don’t study harder. Study smarter — with direction.”***

Are you tired of studying for hours and still feeling lost?

If the answer is **YES**, then

This guide is your **starting point** — the map that tells you *exactly what to study before anything else!*

Inside this PDF, you’ll discover:

- ✓ The **essential syllabus** to build your foundation strong.
- ✓ What topics to **focus on first** and what to skip for now.
- ✓ A **step-by-step path** that saves time and boosts confidence.
- ✓ Expert insights from mentors and toppers who’ve cracked it before you.

🚀 **Why this matters:**

“Preparation without direction is like driving fast without knowing the destination.”

So pause. Read this. Understand this.

Then start your journey — the *right* way.

Your success story begins here. 💪

Let’s make it happen.

Team **HeMantra**

First and Foremost :

UPSC doesn't demand that you memorize the entire syllabus — it demands that you **understand** it. Over the years, the **UPSC CAPF exam** has gradually aligned more with the **Civil Services pattern**, focusing less on factual data and more on **conceptual clarity**.

So, instead of chasing endless information, start building **a deep understanding of every topic**. On the day of the exam, it's your clarity — not your crammed facts — that will make the difference.

To help you achieve that, we'll now **divide the syllabus into clear sections**, allowing you to **track your progress** and strengthen your grasp step by step.

Syllabus :

1. Indian Polity

Indian Polity is one of the best subjects to begin your preparation with — it's **simple, logical, and closely linked to current affairs**.

Start by building a **basic understanding** through **NCERTs**. For the CAPF exam, **Class 11 NCERT – Indian Constitution at Work** is highly recommended. It offers a clear insight into the **structure and functioning of the Indian Administrative System**.

Once your basics are strong, move on to a **standard reference book** — **Indian Polity by M. Laxmikanth**. It will help you consolidate concepts and prepare comprehensively for both factual and analytical questions.

2. Geography

Geography is one of the most fascinating and rewarding subjects in UPSC preparation. It helps you understand not just the earth but also the intricate relationship between **people, places, and policies**. To gain conceptual clarity, divide your study into **three parts**:

***An IPS officer suggest me to go through the videos - [Click here](#)** (Its quite useful)

Part I – Foundation (Basics)

Begin by developing a strong foundation. Though it seems basic, **most questions originate from this portion**, so don't rush to finish — aim to **understand** every concept deeply.

■ **Sources:** NCERTs of **Classes 6th to 10th** (Pay special attention to diagrams and maps — they simplify complex concepts and often form the base for higher learning.)

Part II – Advanced Understanding

Your basics from Part I will make this section easier to grasp. This part connects Geography with **Economy and History**, creating an integrated understanding crucial for Paper II.

■ **Sources:** NCERTs of **Class 11th and 12th** (Focus on physical geography, resources, and human geography for better interlinkages.)

Part III – Application and Depth

This is the advanced layer of Geography. Even with a good foundation, this portion cannot be skipped — it refines your knowledge and prepares you for conceptual as well as analytical questions.

■ **Source:** *Certificate Physical and Human Geography* by **G.C. Leong**

Environment (Sub-part of Geography)

Environment is an integral extension of Geography. You don't need to read the entire *Shankar IAS* book. Just go to the https://youtube.com/playlist?list=PLHPDRwuGud4XFD77wFzTfkciuXMGwfpvL&si=ES-_rWdA4PUm14MS

Lectures by Late **Rushikesh sir** — focus smartly based on **PYQs**.

[Click Here](#)

 Recommended:

- **Class 11 NCERT (Chemistry)** – *Environmental Chemistry (Chapter 14)*

 **Tip:** Geography becomes easier when you visualize it. Use maps, diagrams, and current affairs to bring every concept to life.

Hemanttra

3. Science

This section focuses on **Science**, not *Science & Technology*. Your goal here is to build **clear conceptual understanding**, not to memorize facts. A strong grasp of basic science is enough to score well in the CAPF exam — and the best way to achieve that is through **NCERTs**.

To make your preparation smooth and effective, divide this subject into **three parts**:

Part I – Foundation (Basics)

Begin with the **6th, 7th, and 8th class NCERTs**.

Read them *word by word* — these chapters form the base for all higher-level understanding. When you move to the advanced NCERTs, these concepts will naturally connect and make revision easier.

Part II – Core Understanding (Most Important)

This is the **heart of Science preparation** for CAPF.

Most questions are framed from the **9th and 10th class NCERTs**, covering Physics, Chemistry, and Biology in a balanced way.

Focus on understanding the “*why*” behind every concept rather than rote learning.

Part III – Linkage & Extension

Once your basics are clear, read **selected chapters from the 11th NCERTs** — mainly those that link with earlier topics (like ecology, the human body, and chemical reactions).

♦ Bonus Tip:

Occasionally, UPSC asks out-of-the-box questions. To handle such surprises, go through the **Science section of *Lucent's General Science*** — it's concise and helps you stay exam-ready.



Remember: Conceptual clarity is your greatest tool — facts may fade, but understanding stays.

4. Economics

Economics is one of the most **fascinating yet challenging** parts of UPSC CAPF preparation. For beginners, it might feel confusing at first — but once you grasp the core ideas, it becomes one of the most **rewarding and enjoyable** subjects.

Step 1 – Building the Foundation

Start with the **11th Class NCERT – Indian Economic Development**.

This book beautifully explains the **economic journey of India** — from independence to the present day. Read it with curiosity and focus on understanding *why* policies were made, *how* reforms shaped growth, and *what challenges* India still faces.

💡 *Pro Tip:* Pay attention to key themes like **demographic dividend, planning, poverty, and employment** — questions are often framed around these concepts.

(Relevant for Paper I)

Step 2 – Understanding Core Concepts

Next, move to **12th Class NCERT – Introductory Macroeconomics**.

It explains crucial topics like **money supply, banking system, national income, and fiscal policy**. Don't worry if it feels tough in the beginning — these ideas become clear as you connect them with real-world examples and lectures.

Step 3 – Reinforcement & Application

To strengthen your understanding, refer to **lectures by Mrunal Sir**, especially those covering **Microeconomics** and **PYQ-based concepts**. His explanations simplify complex ideas and link them directly to exam needs.

If time allows, revise the **9th and 10th class NCERTs** — they provide a simple and conceptual base that supports higher-level topics.

5. History

History has the **widest syllabus** in the entire UPSC preparation journey. But don't worry — it's completely manageable if you **divide it smartly into four parts**, including **Art & Culture**. The key is **consistency and sticking to standard sources**. Avoid buying random books just because their covers look attractive — focus only on **recommended and reliable materials**.

1 Modern History

Start with this portion — it's the most scoring and relatable. It connects directly with India's freedom struggle and governance evolution.

Sources:

- *Class 8 NCERT – Our Past – III*
 - *Class 12 NCERT (Themes in Indian History – Part 3)*
 - *Spectrum's A Brief History of Modern India*
-

2 Ancient History

Though challenging at first, Ancient India becomes interesting once you understand its flow. The **Tamil Nadu Class 11 book (320 pages)** is highly recommended — it explains the period more clearly than NCERTs.

Sources:

- *Class 6 NCERT*
 - *Class 12 NCERT (Themes in Indian History – Part 1)*
 - *Tamil Nadu Class 11 History Book*
-

3 Medieval History

This section often confuses students because of its long timeline. Approach it with summaries and timelines to make it easy.

Sources:

[Click Here](#)

- [Class 7 NCERT](#)
 - [Class 12 NCERT \(Themes in Indian History – Part 2\)](#)
 - [Tamil Nadu Class 11 History Book](#)
-

4 Art & Culture

Art and Culture is an integral part of History and often overlaps with Ancient and Medieval sections. Focus on patterns, paintings, architecture, and cultural evolution.

Source:

- [Class 11 NCERT – An Introduction to Indian Art \(Part I\) Fine Art](#)
-

Extra Tip:

Don't leave History to chance. Read the **History section from Lucent's General Knowledge** book for **out-of-context or factual questions** that often appear unexpectedly.

 **Remember:** History isn't about dates — it's about understanding *how India became what it is today*. Once you connect the stories, the subject becomes effortless.

6. Mathematics & Computer

[Click Here](#)



For **Mathematics**, the best and most reliable source is **R.S. Aggarwal**. It covers all the essential topics in a simple, structured, and exam-oriented manner — perfect for building accuracy and speed.

For **Computer Awareness**, **Arihant** (Look there are some mistakes in the book but it's fine) is more than sufficient. Focus on the basics, definitions, and commonly asked concepts rather than going into unnecessary depth.

 Golden Rule:

Your **PYQs (Previous Year Questions)** are your ultimate guide. Always keep a **printed or segregated set of PYQs** with you — they will help you stay on the right path and understand exactly what UPSC expects.

(The segregated PYQs will be provided to you right after this PDF.)

 **Remember:** Books give you knowledge, but PYQs give you direction. Follow both — and success will follow you.

Syllabus:

[Click Here](#)

Sl. No.	Subject	Syllabus
01	Polity	NCERT: 11th (Constitution at work) Book: M.Laxmikanth
02	Geography	NCERT: I- 6th, 7th, 8th, 9th, 10th, II- 11th, 12th III- GC Leong Environment: 11th Chemistry NCERT: Environmental Chemistry (Chapter 14th) 12th Bio NCERT: Last 4 Chapters Rushikesh sir Restrict to : definition, conventions, International bodies
03	Science	NCERT: I- 6th, 7th, 8th, II- 9th, 10th, (Most Imp) III- 11th (Few chapters) Lucent (normal) : Read Science portion Practice: PYQ and Test Series
04	Economics	1. 11th Class NCERT 2. 12th Class NCERT (MACRO) 3. Murnal sir. (PYQs) 4. Micro economics (Murnal sir) Practice: - PYQ - CDS paper - few CSE NCERT: 9th & 10th
05	History	Modern: 8th NCERT, 12th Themes(3rd), and Spectrum Ancient: 6th NCERT, 12th Themes(1st), Tamil Nadu: 11th NCERT(320 pages wali) Medieval: 7th NCERT, 12th Themes(2nd), TN: 11th NCERT Art & Culture: NCERT: 11th (Fine Arts)

		LUCENT: History Portion Practice: PYQ and Test Series
06.	Maths & Reasoning	RS Aggarwal PYQ: CAPF, CDS, CSAT
07.	Computer	Arihant Book
08.	Current Affairs	Newspaper Daily Dispatch Lakshya Monthly Magazine

-Thanks-



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43+
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RESULT
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Master Descriptive **WRITE IMPACT | SCORE HIGH**



ABHYAS LEKHAN

YOUR KEY TO DESCRIPTIVE EXCELLENCE

- Designed Exclusively for UPSC CAPF 2027 Paper-II (Descriptive)
- Expert Mentorship by Hemant Sir
- 25+ Comprehensive Lectures
- 15+ Core Descriptive Topics
- 30+ Premium Study Materials
- Essay, Precis, Comprehension & Report Writing Practice
- Topic-wise Writing Assignments
- Previous Year Questions (PYQ) Discussion
- Personalized Answer Evaluation
- Detailed Feedback on Every Submission

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KEY HIGHLIGHTS

- INSIGHTFUL ANALYSIS**
In-depth and thoughtful providing perspectives.
- FOCUS ON GOVERNANCE**
Strong emphasis on policy, accountability & reform.
- VOICES THAT MATTER**
Highlighting real issues that affect society.

- SAFETY, POLICY, ACCOUNTABILITY**
Promoting responsible governance and awareness.

"The publication of Hemant Mantra's opinion in The Quint marks a significant achievement for Hemant Mantra EduTech. His insightful analysis reflects a deep understanding of governance, public policy, and national issues. This recognition reinforces Hemant Mantra's commitment to developing analytical minds and future leaders who contribute meaningfully to society."

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UPSC CAPF

SELECTED STUDENTS



सत्यमेव जयते

★ ★ ★

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2024



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AIR 4



2024



SACHIN SIR
AIR 263



2025



MUNINDER
AIR 93



2025



VISHWAS
AIR 145



2025



ANKUR
AIR 184



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